

Collaborative Approaches to Music and Wellbeing Research

School of Music, University of Leeds

Friday 9th November 2018

9.30am Registration

10am Conference opening and welcome

Social Enterprise (10.15am)
Using the Warwick and Edinburgh Well-being Scale to measure changes in well-being of youth in challenging circumstance: Following a referral to a 10 week intervention combining music mentoring and digital story telling (Simon Glenister)
Introducing a collaborative approach to music and wellbeing research in music and mental health: <i>'The Converge Music Research Project'</i> (Liz Mellor, Christine Bates & Michael Bonshor)

Break (11.05am)

Inclusive Design (11.35am)
Hearing Aids for Music: Reflections on a three-year collaboration between University of Leeds and Sheffield Teaching Hospitals NHS Foundation Trust (Alinka Greasley, Harriet Crook & Amy Beeston)
Inclusive participatory design of bespoke music instruments and auxiliary equipment as emancipatory arts interventions that advocate for equality, personal and social wellbeing (William Longden)

Lunch (12.25pm)

Theories and Models (1.25pm)
Redressing the limitations of psychological models of music and emotion (Joel Swaine)
The big picture: Studying the effects of music and arts engagement on health through collaborative, interdisciplinary inquiry (Ula Tymoszuk)
Collaborating with carers and musicians to develop a survey of sound awareness and listening habits (Kathryn R. Miguda & Amy V. Beeston)

Break (2.40pm)

Communities (3.10pm)
Emotions across the borders of landscape and time: music communities in Newcastle and the Hunter Valley, past and present (Helen English & Jane Davidson)
From dropping out to dropping in: Examining how to support continued participation in musical activities (Amanda E Krause, Melissa L Kirby*, Samantha Dieckmann, & Jane W Davidson)
The benefits of a collaborative approach to mapping the music therapeutic landscape of Yorkshire (Freya Bailes, Karen Burland, Angela Harrison, Claire Castle, Jay Millard, & Michelle Ulor)

4.30pm Collaborative conversations

6pm Reception and Celebration

Saturday 10th November 2018

9am Registration

9.15am Keynote presentation – Dr. Katie Overy
Collaborating with the Scottish Chamber Orchestra and NHS Lothian: a Pilot Trial of Music Workshops with Individuals Living with Severe Dementia

Break (10.15am)

Children and Music (10.30am)
Promoting children's well-being, right to make choices and engage in playful activities in restricted environments through music and singing (Carolyn Blackburn)
The influence of Minute of Listening on primary school children's wellbeing (Caroline Waddington, Andrew King & Judith Robinson)
What impact can a six-week music intervention, with a focus on core emotions, have on a child's sense of wellbeing? (Elizabeth Liddiard & Dawn Rose)
Learning an instrument can benefit a child with learning and behavioural problems (Dawn Rose)

Lunch (12.10pm)

Musicians' Wellbeing (1.10pm)
The effects of mindfulness on musicians: Two collaborative studies (Anne-Marie Czajkowski)
The role of leisure activities in the wellbeing of musicians: A questionnaire survey (Nellinne Ranaweera)
Wellbeing in brass bands: the benefits and challenges of playing together (Victoria Williamson & Michael Bonshor)

Break (2.25pm)

Musical Interventions (2.40pm)
Music-based interventions aimed at people with dementia: carer perspectives (Riza Veloso & Emery Schubert)
At the Intersection of Medical Ethnomusicology and Music Therapy: An Impetus for Collaboration (Andreja Vrekalic)
A music and dance movement therapy group for older adults with dementia: a systematic review and community-based case study (Steven Lyons)

4pm Roundtable Discussion

5pm Conference close